



# ROHINI

COLLEGE OF ENGINEERING & TECHNOLOGY  
Approved by AICTE and Affiliated to Anna University, (An ISO Certified Institution)

RCET/NCC/2023/RL 0015

16-06-2023

## CIRCULAR

It is planned to celebrate International Yoga day in our Campus on 21.6.2023. Various Sessions will be conducted to demonstrate the importance of Yoga and to practice different Yoga Asanas. All students and Faculties are asked to participate in the Yoga sessions. Along with that Yoga practices will be held at Vattakottai beach by NCC team of our College.

**Venue: Opulent Hall (Kalpana Chawla block, I Floor)**

**Copy to:**

1. All UG/PG Students
2. Head of the Departments

  
**PRINCIPAL**  
**Dr. R. RAJESH**  
**PRINCIPAL**

Rohini College of Engineering & Technology  
Anjagramam Kanyakumari Main Road,  
Palkulam, Varkala (P.O.) - 629 401  
Kanyakumari District, Tamil Nadu





# **ROHINI** COLLEGE OF ENGINEERING AND TECHNOLOGY

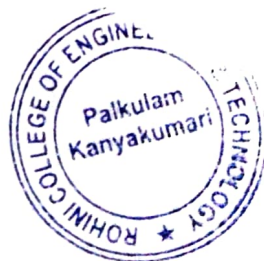
Near Anjugramam Junction, Palkulam, Kanyakumari District

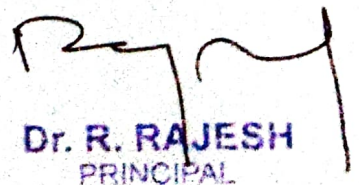
## **INTERNATIONAL YOGA DAY**

<b>Academic Year</b>	:	<b>2023-24</b>
<b>Name of the Club</b>	:	<b>NCC</b>
<b>Name of the Event</b>	:	<b>Yoga day</b>
<b>Date</b>	:	<b>21-06-2023</b>
<b>Venue</b>	:	<b>RCET Campus</b>
<b>No. of Volunteers</b>	:	<b>80</b>

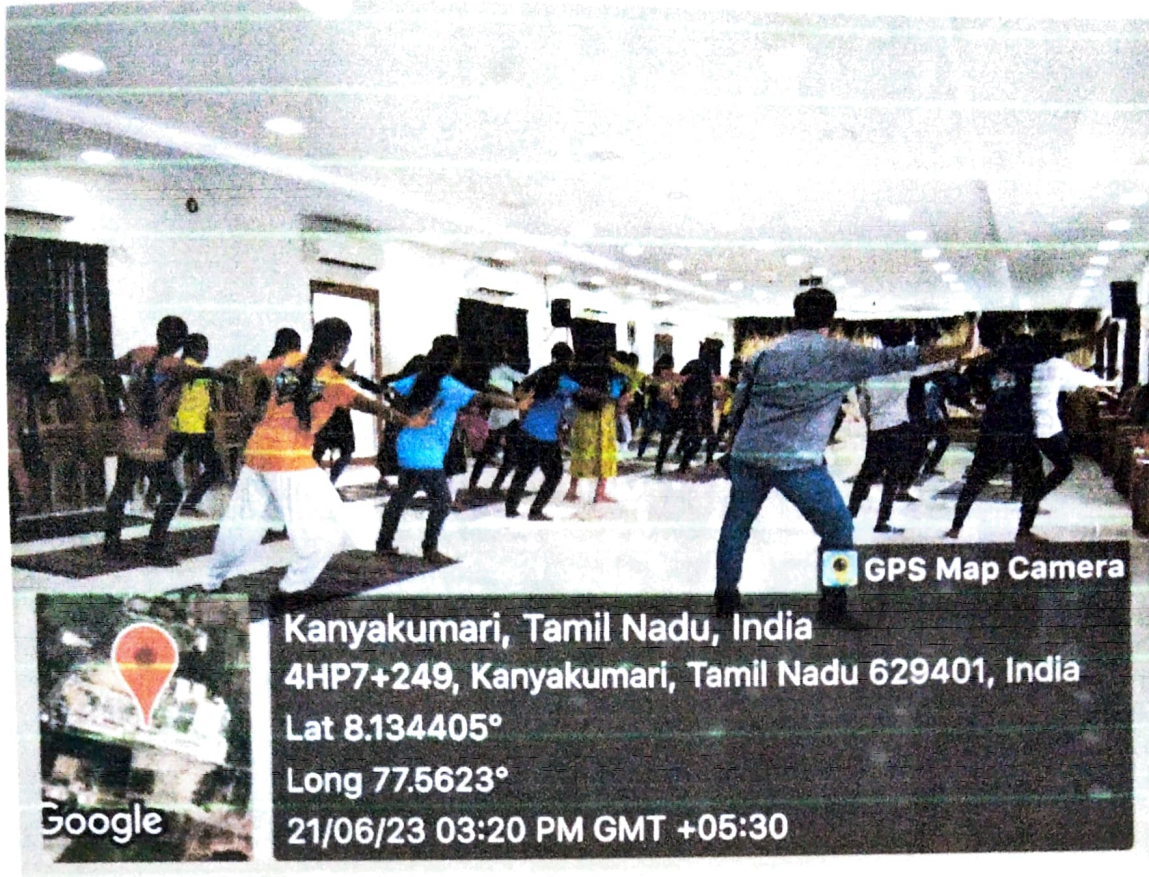
### **Summary report:**

International Yoga Day was celebrated at Rohini College of Engineering and Technology, Palkulam on 21<sup>st</sup> June, 2023 under the theme, "yoga for vasudhaiva kutumbakam". The Yoga session was held in our college Seminar Hall and Vattakottai Beach. Mrs. Naseem Ismail, Teacher Art of Living explained the importance of Yoga in the life of youngsters. Mrs. Naseem Ismail demonstrated various Asanas and other practices of yoga with explanation. Total 80 students and staff Participated in this Event



  
**Dr. R. RAJESH**  
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**INTERNATIONAL YOGA DAY held on 21-06-2023**

